## **Dive Deeper**

With a special five week follow up series

https://www.onreelmedia.ca

Filmed by: On Reel Media

Retreat presented by Arise Catholic Movement in partnership with the Roman Catholic Diocese of Saskatoon St. Anne's Roman Catholic Church Saskatoon

## A MOURED SERIES

www.arisecatholicmovement.ca



arisecatholicmovement@gmail.com

The Arise team invites you to continue your retreat experience, continue your conversations, and dive deeper with this special gift for you. The Arise Armoured Series, a five week followup to the Arise retreat, unpacks each piece of Armour God challenges us to put on in Ephesians 6:10-18 Available to all retreat participants. For more information on these parish events please contact

## Arise Catholic Movement Presents

cast off the works of darkness and put on the armour of light.

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Our parish is happy to host this unique, online retreat for women.

About

Speakers

Arise: Put On the Armour of Light is in response to the needs of women who have longed for a renewal in faith, strength and community in the midst of these trying times. Inspired by the boldness and courage of St. Joan of Arc and call for each of us in scripture:

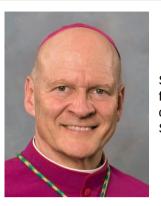
...You know what hour it is, how it is full time now for you to wake from sleep. For salvation is nearer to us now than when we first believed; the night is far gone, the day is at hand. Let us then `cast off the works of darkness and put on the armour of light." (Romans 13:11-12, RSV)

Encounter

Jesus is not limited by our circumstances and He desires, always, at all times, to meet us where we are at. Through powerful and engaging talks, small group discussion, praise & worship, and opportunities for prayer we will encounter Jesus in our homes, parishes or wherever you find yourself experiencing this retreat.

Community

This retreat has been designed as a small group experience. Gather together with a few other women in your home, parish or meeting space, within your current provincial or state Covid-19 protocols, and encourage one another, pray with each other, laugh together, and support one another as we are challenged to grow deeper in our faith.



Special welcome and blessing from **Bishop Mark Hagemoen** of partnering Diocese of Saskatoon.



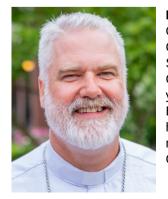
Mary Bielski New Orleans LA National Speaker & Life Coach. Mary has spoken to over 100,000 adults and youth globally. Her mission is to awaken the church to the transformative power and love of Christ, and a radical life given totally to Him. Mary has her masters in Theological Studies at Notre Dame Seminary in New Orleans, LA.



**Heather Khym,** Vancouver BC A dynamic, passionate public speaker. Co host of the Abiding Together podcast. Her passion is in evangelization, discipleship, and creating an environment for people to have a personal encounter with God. As well as the co-founder, with her husband, of Life Restoration Ministries.



Debbie Herbeck Ann Arbor Michigan Author, mentor, founder and executive director of Pine Hills Girls' Camp. Founder and leader of the Be Love Revolution, a ministry that exists to help young women encounter Christ and be His love to all they meet. With over 40 years in ministry, Debbie offers a wealth of knowledge and wisdom.



**Bishop Scott McCaig** Ottawa Ont. Military Ordinary of Canada, Former General Superior, Companions of the Cross. As a gifted speaker, with years of ministry behind him, Bishop McCaig speaks to the heart of women, and what it means to put on the Armour of God.



Rachel Herbeck Ann Arbor Michigan Regional Director of Chapters for id (Intentional Disciples). BA in Catholic Studies from the University of St. Thomas in St. Paul, Minnesota. Rachel has worked extensively in youth ministry and speaks to youth and young adults at retreats, conferences, and events in the US and Canada.